

Indianhead

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Aviators roar across Rodriguez Range



Yu, Hu Son

An AH-64D Apache Helicopter heads toward its target during live-fire qualification at Rodriguez Range.



Yu, Hu Son

A Apache crew chief relays information to one of the pilots prior to take off for live-fire qualification.

By Cpl. Ko, Sang Soon
KATUSA Editor

RODRIGUEZ RANGE – The valleys of Rodriguez Range echoed with the thunderous roar of Apache helicopters, powerful rockets and machine guns.

Soldiers of the 3rd Squadron, 6th Cavalry Regiment conducted helicopter crew qualifications Oct. 31.

“This training exercise is to evaluate tables 7 and 8,” said Capt. Mike Labroad, B Troop, 3rd Sqd., 6th Cav. Regt. commander. “Four tables, two on each day and night, are conducted by every aircrew. They fire to stationary and moving targets.”

“It is primarily focused on the three engagements: diving fire, running fire and hovering fire,” Labroad said. “The crews spent a lot of time on each engagement. However, it is challenging both mentally and physically.”

To actually shoot, the crews needed to go through many procedures.

“The Soldiers had a written test about the helicopter,” Labroad said. “They also were trained in the Longbow Cockpit Trainer to experience the actual shooting.”

Soldiers in the arming and refueling point became busier as an Apache landed. The fork-lifts with rockets loaded up the Apache, wanting more fire.

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**602nd ASB
conducts dry-
fire exercise**

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**‘Angels of
Mercy’ seek
coveted
badge**

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**Sunday game
a tradition
on Camp
Casey**

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VOICE OF THE WARRIOR: Who is the best athlete ever?



"Michael Jordan. He transcended sports."
Sgt. 1st Class
Lamont Draper
HHC, 1st BTB

"Emmitt Smith. Even when he was hurt he ran the ball well."

Sgt. Victor Valdez
302nd BSB



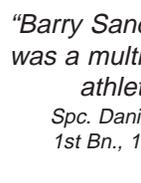
"Joe Montana. He won four Super Bowls."
Sgt. 1st Class
Richard Gabriela
1st BTB

"Muhammad Ali. He scared his opponent just by talking before the fight."

Pvt. John Ortiz
1st BTB



"Michael Jordan. After he retired, he came back and still played well."
Spc. Robert Smith
1st Bn., 38th FA



"Barry Sanders. He was a multi-talented athlete."

Spc. Daniel Klatt
1st Bn., 15th FA



Honor is housed from within

By Spc. Timothy Dinneen
Assistant Editor

When we joined the Army we all came from diverse backgrounds with unique childhoods, families and experiences. Our self-developmental history is a major variable in an equation resulting in who we are. What we find acceptable and unacceptable in others molds who we become as individuals.

Collectively, our values create the society in which every generation leaves their mark.

It's fascinating to listen to Soldiers respond to what the Army values means to them. There are always a wide variety of answers depending on your own value structure. The seven Army values of loyalty, duty, respect, selfless-service, integrity and personal courage are all supported on the foundation of honor.

The Army has a responsibility to instill these values. As society moves to the left or to the right on a liberal or conservative scale, the Army is an institution that struggles to stay in the middle. Staying off the "what's acceptable today" band wagon allows the Army to hand down a stable moral compass to fulfill military obligations and grow as individuals. Tradition is a tool used to shield institutions from losing its identity to the see-saw values of popular culture.

Having a military background sets us apart from so many other civilians because the seven core values we are taught and live by are being diluted in society. These values are not always deemed an essential ingredient to the success of children growing into responsible adults.

Traditions, such as religion, marriage, boy scouts, and the family, have instilled honor in

society and are changing, been corrupted or disappearing.

Honor introduces itself when children are taught to honor their mother and father. It's no secret that divorce rates in the U.S. have been on the rise.

The factors causing this are widespread; however, in most cases it stems from the fact one or both individuals in the relationship do not take the vow of honoring each other seriously. Children are taking notes of their parent's actions and from the beginning are losing a valuable lesson of honoring loved ones. If children witness a lack of commitment to honor each other from adults, then why would we expect a child to grow up and act any differently?

The family is probably the most important societal tool we have to raise productive members of society. This institution has been under assault by the diminished role of fathers due in part to feminist agendas, homosexual marriages and a generation of young men not understanding the commitment of fatherhood because they never had one to begin with.

A growing number of children would identify more with a daycare service or nanny to a traditional family because many adult's careers are either more important or simply essential to living than raising their own child in the home.

Popular culture has been detrimental in the messages it sends young people. Television programs such as *the Apprentice*, *Fear Factor*, or *Survivor* teach children it's ok to do whatever it takes in order to get ahead and make money.



Professional athletes profess they are no longer role models to children and feel no remorse when they are caught with drugs, unfulfilling contract commitments or beating up fans. Music has been very influential in leading young people down a path of destruction whether you're a rock or rap fan with lyrics glorifying evil, greed, violence and the denigration of women. These are just a couple of societal snapshots children see every day.

It's amazing when people enter the military and are asked about honor they don't look at you like you're crazy. I have faith that honor is intrinsically in all of us or else that would be the case. Young people need to realize that values such as honor are important because they'll lead to an understanding of other values that will guide you to a better life. It's also important that these values must be sought from within and not expected to be taught or praised outside the gates of post.

No one is perfect, I'm certainly no saint, but it's vital that we strive to attain an honorable and virtuous existence. Being loyal to friends, family and employers will be rewarded. Fulfilling your duty no matter how dangerous or trivial will bring the respect you deserve. Selflessly giving yourself to a noble cause or ideal will allow accumulation of more rewards than any lucrative salary.

Living honestly will bring a reputation of integrity and you will be surrounded by positive people. Having courage in the face of fear will grow confidence in yourself allotting you to take chances and walk through doors many would not. However, none of these would be possible without the fuel of honor burning from within and traditional institutions such as the military to fan those flames.

Indianhead

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ASAP provides lifeline for many Soldiers

By Spc. Timothy Dinneen
Assistant Editor

Servicemembers dealing with substance abuse may feel like they are trapped in a bottle. However, this bottle has no ship inside to keep them afloat.

Feeling isolated, unable to call for a life preserver, they ultimately sink deeper in a dark sea of alcohol and despair. Servicemembers are unable to reach the beach of sobriety because an anchor of fear prohibits them to secure a lifeline.

Life in this turbulent and destructive sea drowns rational thoughts, silences pleas for help and progressively becomes normal to the point some servicemembers will call the bottle their home.

"There is a significant stigma of fear from negative perceptions when considering seeking help for substance abuse outside the military

and this stigma is paramount in the military," said Capt. Louann F. Engle, clinical director with the Army Substance Abuse Program. "Asking for help is not a sign of weakness but a sign of strength."

"All servicemembers, their family members, and Department of Defense civilians are welcome in the program and the fears people have of the service fade when they become informed," said Antonio Rodriguez, deputy clinical director of the Army Substance Abuse Program.

He continued by saying people who come in on their own accord do not face career pitfalls and information leaking out.

According to Army Regulation 600-5, all information and treatment records are held completely confidential when self referred.

Command may only request diagnosis, treatment, and level of care without any specifics, Engle said.

"For every type of referral, including a voluntary self-referral, Soldiers must inform their chain of command," Engle said.

Engle explained the reason for command involvement in self-referrals is because alcohol and drug abuse is a command liability issue.

"If the Soldier has a problem it's the commander's problem as well," Engle said.

The Health Insurance Portability Accountability Act provides further confidentiality protections from any agencies or persons outside the military from obtaining any treatment information.

Treatment records of an individual in a drug or alcohol program is very private, she said.

The program is comprehensive, whether it's entered voluntarily, by command, medically, through a biochemical screening failure, or by apprehension and investigation.

The first step is by informing the unit command channel and submitting a D.A. form 8000-3. A Soldier will then undergo a complete biological, psychological and social assessment.

Furthermore, they discuss one-on-one treatment options in a rehab team meeting consisting of the clinician, Soldier, first sergeant and commander. Finally, the commander makes a decision to enroll or discharge the Soldier from treatment based on the clinician's recommendations.

The treatment recommendation is then tailored for a particular person ranging from education classes, partial, outpatient and in-patient programs.

Rodriguez said there are many signs in the road that can lead servicemembers down a path of substance abuse. Some of the "red flags" Rodriguez discussed were evidence that someone is physically impaired,

spousal complaints, drinking in isolation, any use of illegal drugs, demonstrating a sullen or withdrawn attitude and relying on any foreign substance to get through the day.

"The nature of alcoholism is that it's progressive. It doesn't get better left to its own device, it gets progressively worse," Rodriguez said.

Rodriguez added a military career may actually benefit from the care a servicemember receives because personal issues are dealt with and treated before they become a problem.

"It's about prevention and being proactive," Rodriguez said.

Ultimately, servicemembers who are swimming against an unrelenting and progressively stronger tide of substance abuse are responsible to reach for a life preserver before an alcohol-related incident sinks a career.

Camp Red Cloud Soldiers sizzle

Story and photos by
Spc. Timothy Dinneen
Assistant Editor

CAMP RED CLOUD – Two Camp Red Cloud Soldiers were recognized as Chefs of the Quarter for Area I Nov. 8 at the Commanding General's Mess.

Pvt. Scott T. Cox, a chef at C.G.'s Mess, cooked up the Junior Chef of the Quarter award while Sgt. Siris L. Washington, a shift leader at Kilbourne Dining Facility, was served the Senior Chef of the Quarter award.

The Chef of the Quarter resembles a promotion board for food service Soldiers. The criteria examined Soldiers appearance, knowledge of their occupational specialty and confidence in



With many years of cooking experience, Sgt. Siris L. Washington is able to accomplish many different tasks in the kitchen as well as supervise all of his Soldiers.

understanding general soldiering skills.

Cox and Washington will move on to the Chef of the Division boards where the aforementioned criteria will still be in play but with actual cooking skill and presentation being considered. The Chefs of the Division culminates in the culinary Junior and Senior Chefs of the Year that will recognize superior performance from all Eighth U.S. Army.

Sgt. Kent Francious, floor supervisor at C.G.'s Mess, said Cox has demonstrated initiative to go further in his job.

"You've got to show food love. If you don't do that they'll show you the door," Francious said. "Food service is 90 percent customer service and 10 percent food. In food, we don't make mistakes, we put cheese on it."

Armed with plenty of cheese, Cox is being recognized for his performance after eight months of military service. His success may be hereditary, as his grandfather, William Wooster, was a chef in the Army providing food for Soldiers on the peninsula during the Korean War.

"Working at C.G.'s is a good thing because with a smaller head count than the dining facility, we can take a look at the right way to do things, be more precise and not leave a lot of room for errors," Cox said.

Cox said the Army has a Chef of the Quarter because it's used as a preparation to go in front of a real promotion board showing who's making a strong effort to improve in their military occupational specialty.

Washington's 11-year recipe for success as an Army chef is simple time.

"It takes time to be a good Army cook. You



Pvt. Scott T. Cox starts preparing for the lunch hour at the CG's Mess. Cox works at each station every day to get a broad education on all aspects of cooking.

have to want to do the job," Washington said.

Washington recalled the first time cooking in the Army. He burnt everything they gave him.

"My noncommissioned officers were pretty upset with me when I burnt some bacon," Washington said.

Sgt. 1st Class Kevin Montgomery, Kilbourne facility manager, said the success of Washington lets him know he is doing his job training Soldiers.

Whenever these two cooks prepare to advance, they'll be perfect if they take their time and are generous with the cheese.

Bridge rededicated to honor officer

Story and photo by
Pvt. Lee, Seung Hyub

Staff Writer

INJE COUNTY, Republic of Korea – The Livingston Bridge was rededicated in honor of 2nd Lt. Thomas W. Livingston at a ceremony Oct. 28.

Livingston was killed Sept. 22, 1952, on Hill 854 along with two of his Soldiers from the 196th Field Artillery Battalion – Ellis A. Choma and James F. Stephens – and a number of ROK Soldiers from the 8th ROK Infantry Division.

Livingston and his unit were retreating from a counterattack by the North Korean army. But this retreat was blocked by the Soyang River. This spelled doom for the unit.

Prior to dying of his wounds, Livingston made a last statement and request.

“If there had been a bridge,

our forces would not have been damaged and could have won the battle,” he said. “If I die, have my wife build a bridge with private funds,” he said.

His last request was granted and a wooden bridge was built Dec. 4, 1957. In later years, the bridge was reconstructed into its present concrete state by the 207th ROKA Engineer Group.

The ceremony also had a special significance in the ROK/U.S. alliance.

“This ceremony helps bring our nations closer together,” said Col. Matt Merrick, Fires Brigade commander.

During the ceremony, people were able to meditate, lay flowers and burn incense praising the sacrifices of Livingston.

“We wanted to honor Second Lieutenant Livingston for his sacri-



The Livingston Bridge marker tells the story of the battle in which 2nd Lt. Thomas W. Livingston was killed and his last request to have his wife build a bridge at the point where he fell.

“I don’t know what to say,” said Jason M. Law, Livingston’s grandson. “It’s a great honor to participate in this ceremony. I appreciate those involved in the ceremony inviting us to attend.”

Seven members of Livingston’s family also attended the ceremony.

“This is my first time in Korea,” said Catherine Gillan, Livingston’s niece. “I appreciate the kindness of the ROK people. I would gladly return the favor if they ever visit the U.S.”

USO Tour gives family look into Korean culture

By Capt. Jamie Hagio

2-9 Infantry (CAB)

After 18 months in Korea, my parents had heard so much about my new and interesting experiences in Korea.

It is sometimes difficult to explain what it is like to visit the Joint Security Area along the DMZ or bargaining with a Korean shopkeeper to get a good deal on a T-shirt or hat.

I came across an ad for the USO Family Reunion in Korea Tour at the Army Community Service building on Camp Casey. It sounded like a good opportunity to explore and experience Korea with my family.

I talked to my parents about the program over the phone and forwarded them the Reunion in Korea web site URL.

They agreed that it sounded like an exciting tour that was reasonably priced. We made our travel arrangements and paid for the tour through the USO office on Camp Kim (Yongsan Garrison).

On the first day, we checked into the luxurious Sofitel Ambassador Hotel. We then attended a dinner hosted by the Korean American Association and received an informative slide show by the U.S. Force Korea Public Affairs Office.

The next day, we toured the Joint Security Area in Panmunjom (to include the newly opened 3rd

Infiltration Tunnel). Dinner the second night was hosted by the Korean Tourism Organization. After dinner, we recognized two tour members who are Korean War veterans.

On the third day, we toured Gyeongbok Palace and traveled to Yongin to visit the Korean Folk Village.

Dinner that night was in Suwon (famous for Korean barbecue ribs). It was sponsored by the Gyeonggi Tourism Organization.

On the final day, we toured the Korean War Memorial in Seoul. The farewell lunch was hosted again by the KAA and was an appropriate end to an enjoyable tour.

Cost varies based on where you are flying to Korea from. Additionally, you can request to stay additional nights at the hotel for a reasonable price.

This tour is an excellent opportunity for service members who have family members who would like to see Korea.

The USO staff is very helpful in finding travel arrangements to fit your needs. They also worked extremely hard to coordinate all of the fun and interesting activities during the tour.

If you would like to explore Korea with your family members, and are able to coordinate your leave in conjunction with the tour date, you should look into this program. You won’t regret it.

For more information visit, www.uso.org/korea.



Courtesy photo

Capt. Jamie Hagio, right, stands with his family at the Joint Security Area in Panmunjom. USO Tours are offered to give families a chance to see Korea.

Soldiers train for convoy situations

By Cpl. Ko, Sang Soon
KATUSA Editor

RODRIGUEZ RANGE – Soldiers from the 602nd Aviation Support Battalion conducted a convoy dry-fire exercise Oct. 31. The exercise afforded Soldiers the chance to conduct training based around convoy missions.

“This enhances the Soldiers ability for proficient communication with higher command, with arm and hand signals, radio etcetera,” said Staff Sgt. Michael MacDonald, instructor of the training, B Company, 602nd ASB.

Throughout the exercise the Soldiers of the Transportation Platoon conducted many drills.

“This is a drive-by scenario. The mission is to bring the people and supplies up to the other point,” said Lt. Col. Gregory Fawcett, 602nd ASB

commander. “The Soldiers will secure the convoy and defeat the enemy. They will do drills like reporting to their leaders, recovering vehicles and evacuating casualties.”

During the training, as the enemy attacks, the Soldiers jumped out of the truck, securing one another, reporting every moment.

“There are three stages in this training, crawl, walk and run,” MacDonald said. “In the crawl level, Soldiers learn the basics such as how to get out of the vehicle and provide security. In the walk level, they conduct the drills without being interrupted by the instructors. Finally in the run level, the instructors will only observe them just for safety.”

“The exercise wears down your body, but it is not bad as you think,” said Pvt. Dawn Adams, A Co. “These are skills you need to know in any combat situation.”



A 602nd ASB Soldier pulls security while his convoy is stopped during a convoy dry-fire exercise at Rodriguez Range. The exercise enhanced the Soldier's ability to return fire.



A convoy of 602nd ASB Soldiers hit the dirt during the attack. The Soldiers worked on their proficiency with their communication with higher command, hand and arms signals and the radio.



A Soldier pulls security on top of a humvee. Keeping a watchful eye during security helps to ensure mission success.

A Soldier refuels the AH-64D Apache Longbow after a qualification round. After refueling, the Apache took off again to go back to the qualifying range. The Apache has an internal fuel capacity of 2,440 lbs. and an external capacity of 5,980 lbs. according to aerospaceweb.org.



Yu, Hu Son

THUNDER

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“There are a lot of moving pieces in the arming and refueling point both day and night. It takes about 20 to 30 minutes to load it up,” said Capt. Paul Fugere, E Troop, 3rd Sqd., 6th Cav. Regt. “As they handle ammunition and fuel, safety is emphasized. We rehearse and give out safety briefings everyday to stay safe. Although we have long hours, we are here to support the Apache’s attack more proficient on gunnery skills and the Soldiers are doing a great job.”

Legal Corner ... Changes to Bankruptcy Law

Camp Red Cloud Legal Center

On Oct. 17, many changes to the current bankruptcy law go into effect. The new law prohibits some people from filing for bankruptcy.

For those who still qualify for filing, the law provides fewer protections from collection efforts and makes it harder to establish manageable repayment plans.

If you are considering filing for bankruptcy, you should know about these changes as well as the alternatives to bankruptcy.

Changes to Chapter 7 Bankruptcy

Chapter 7 bankruptcy, also known as "liquidation" bankruptcy, is commonly used by individuals to cancel all their debts and to allow the court to sell some of their assets to pay off creditors. Certain individuals will not be allowed to file for Chapter 7 bankruptcy under the new law.

If you are not eligible for Chapter 7 bankruptcy, your only other option under the bankruptcy law is Chapter 13 bankruptcy.

Changes to Chapter 13 Bankruptcy

Chapter 13 bankruptcy

requires filers to create a repayment plan based on their income and expenses.

However, under the new law, your current expenses are not considered when creating the payment plan. Instead, filers may only claim "allowable" expense amounts set by the IRS.

Less Protection From Debt Collectors

Under the old law, as soon as you file for bankruptcy, an "automatic stay" goes into effect that stops all collection actions and lawsuits against you. However, the new law limits the type of actions that are halted by the automatic stay.

The automatic stay no longer stops: evictions; actions to withhold, suspend, or restrict a driver's license; lawsuits to establish paternity, child custody, or child support; divorce proceedings, or lawsuits related to domestic violence.

Fewer Debts Erased

Some types of debts can never be wiped out by filing for bankruptcy. The new law expands this list to include recently-purchased luxury goods or cash advances, child support, and debts incurred through fraud.

Increased Filing Costs and Delays

The new law requires most people to go through credit counseling offered by a nonprofit agency before filing bankruptcy. Also, before completing Chapter 7 or 13 bankruptcy, filers must complete a personal financial management course.

You must also be current on filed tax returns to file for either Chapter 7 or 13 bankruptcy.

Other Alternatives

Due to the increased difficulties in filing Chapter 7 or 13 bankruptcy, you as a debtor should be aware of the alternatives to bankruptcy.

If you do not have a steady income or property which creditors could sue to obtain compensation, they are likely to write off your debt as a deductible business loss for income tax purposes. If you are currently a servicemember, a creditor may still sue you in court to repay the debt you owe by obtaining an involuntary garnishment of your wages.

However, if the debt is old, it may have become legally uncollectible under state law due to the statute of limitation. After 7 years, the debt will come off your credit

report. Bankruptcy remains on your credit report for 10 years from the date that your case is processed.

Harassing Creditors?

If one of your main concerns is harassment from creditors, you are entitled to certain specific protections under the Fair Debt Collection Practices Act (FDCPA).

Both federal and state debt collection laws exist to protect you from abusive and harassing debt collector conduct.

Negotiate with your Creditors

If you do have income or assets to sell, you are probably better off negotiating with your creditors than filing for bankruptcy. Show creditors that you have good faith in wanting to pay off your debts. This may allow you time to get back on your feet financially. You and your creditors may also agree on a complete settlement of your debts for less than you owe.

Get Help With a Repayment Plan

If you are unsure about how to negotiate with your creditors on your own, you can seek help from your local legal assistance office

or a nonprofit credit or debt counseling agency. Two such agencies are Consumer Credit Counseling Service, www.nfcc.org and Myvesta.org (formerly Debt Counselors of America) www.myvesta.org.

Creating a debt repayment plan on your own or through a nonprofit agency is like filing for Chapter 13 bankruptcy. The advantage to creating a repayment plan on your own is that no bankruptcy will appear on your credit record.

A disadvantage to using a credit counseling agency is that, if you miss a payment, you do not have the protection from creditors that Chapter 13 provides. Another disadvantage is that a debt management plan usually requires your debts to be paid off in full.

If you have significant debt that is affecting your ability to obtain credit, there are steps that you can take to deal with your financial situation. Many soldiers think that the only situation is to file for bankruptcy, but there are alternatives.

To determine which plan is the best for you, call the Camp Red Cloud Legal Center at 732-6099 or the Camp Casey Legal Center at 730-1889.

Warrior News Briefs

Native American Luncheon

The Native American Luncheon will be from 11:30 a.m. to 1 p.m. Nov. 16 at the Kilbourne Dining Facility on Camp Red Cloud.

Included on the menu are beef porcupines, chicken fajitas, Navajo-style rice and broccoli and wild rice casserole.

Mail Deadline

Be sure to get your holiday letters and packages in the mail before Dec. 10 to ensure they get home before the Christmas holidays.

Sexual Assault Hotline

In a restricted report, a Soldier's command is not notified. In an unrestricted report, a Soldier's command is notified of the incident.

The number to the hotline is 011-740-0479.

St. Barbara's Day Celebration

The Fires Brigade St. Barbara's Day Celebration will be from 5 to 10 p.m. Dec. 17 at Camp Casey's Carey Fitness Center.

The events is designed to gather all Field Artillery "Redlegs" on the Korean Peninsula. The dress is military formal. For more information, call 730-2545.

Inspector General

The Office of the Inspector General for Eighth U.S. Army and U.S. Forces Korea is looking for Soldiers in the rank of Capt. (with successful completion of company command) or Maj. (branch immaterial) and Sgt. 1st Class, 42As, to serve as Inspectors General.

For more information, call Lt. Col. Levern Eady at 725-6739.

Legal Centers presented Claims Awards

By Pfc. Paul Esparza

2nd Infantry Division Public Affairs Office

CAMP CASEY – The Legal Centers on Camp Casey and Red Cloud were presented with the Army Judge Advocate General's Excellence in Claims Award for fiscal year 2004, Nov. 2.

Maj. Gen. George A. Higgins, 2nd Infantry Division Commanding General, presented the awards to Cho, Mi Kyong of the Camp Casey Legal Center and to Chon, Yong M of the Camp Red Cloud Legal Office.

"It is absolutely imperative that we have wonderful attorneys that are philosophically aligned the right way, educated properly, and their interests are the right interests," Higgins said.

Annually, the U.S. Army Claims Service receives applications from claims offices Army-wide contend for the excellence award. Throughout the entire Army, 151 claims offices are eligible to compete for this prestigious award.

According to Casey Legal Assistance

attorney Capt. Patrick Gregory, in 2004 the Camp Casey Claims Office alone processed 217 claims which resulted in more than \$95,000 in payments.

"This award is pretty significant for our office," said Capt. Madeline Yanford, Casey Legal Assistance attorney. "It's the seventh award the Camp Casey office has received for excellence in claims."

In 2004, out of the 151 claims offices considered, 33 offices were recognized to be among the best in the Army.

Out of those 33, two of them were from Camps Casey and Red Cloud. The Army Judge Advocate General's Excellence in Claims Award recognizes the outstanding performance in the provision of claims support to all in the military community.

"This is a great day for everyone here specifically for our claims people," said Lt. Col. Jonathan Guden, Division Staff Judge Advocate. "Everybody in this division works awfully hard in what they do, and I'd like to believe that we have the best Judge Advocate General personnel in all the JAG corps."

Tune into 2ID Talk from
3 to 6 p.m. Wednesdays
on Eagle FM 88.3/88.5.
To request a song, call 730-6324.

Festival strengthens ROK/U.S. alliance

**Story & photo by
Pfc. Yoo, Je Hoon**
Staff Writer

UIJONGBU, Republic of Korea – Volunteer organizations in 10 cities and counties in northern Gyeonggi Province met for the first time Oct. 29 for its first volunteer expo.

Among the booths set up by volunteer organizations, two particular booths caught the attention of many people. Soldiers of the 2nd Infantry Division set up two booths to show the Korean citizens how the Soldiers are active in community volunteer service.

The first booth held a banner that read, "English Camp: Let's speak English." U.S. Soldiers and Korean Augmentees To the U.S. Army Soldiers were paired up to teach adults and children of

all ages English.

The English camp booth was especially popular to the younger children because the booth offered candy.

"The English camp is a great opportunity for the U.S. Soldiers and Gyeonggi province citizens to come together and become friends," said Pfc. Yoon Yoo Ra, Civil Military Operations Office, HHC, 2nd Infantry Division.

The second booth had a photo exhibit, displaying the 2ID Soldiers volunteering for the community. It showed Soldiers teaching English and playing with the children at local orphanages and helping local farmers harvest crops.

"The Korean people are



Members of the 2nd Infantry Division Band perform during the Gyeonggi Province Volunteer Festival Oct. 29. During the festival, division Soldiers helped Koreans with their English.

responding very well, very favorable to the two booths set up here. Today people can see a different side of

the Army," said Sgt. Robert Botelho, CMO office, HHC, 2ID.

such as this expo should be held more often to solidify the 50 year old ROK-US alliance," Botelho said.

Soldiers help make difference in community

**Story & photo by
2nd Lt. Jason Halub**
1st Heavy Brigade Combat Team

CAMP HOVEY – Soldiers from Headquarters and Headquarters Company, 1st Heavy Brigade Combat Team and 55 orphans and staff from My Home Orphanage locally based in Dongducheon got together Oct. 29 for a day of good food and fun games at the first Halloween Barbecue.

The Soldiers teamed up with the orphanage to make this year's Halloween special for the young kids. Some of the games included the water balloon toss, three-legged race, dodgeball, volleyball, basketball and swimming. They served hamburgers, hotdogs, and Halloween treats.

"It was a great opportunity to interact with the local population," said Capt. Don Canterna, 1HBCT, S-3 plans and exercise officer. "The kids had fun playing games and spending time with the Soldiers. These kids have had a rough lot in life. It feels good to bring a smile on their face."

Soldiers making a difference and contributing to the local community was a common theme among those involved.

"I was raised by good parents, it's nice to look out for these kids and try to help them," said Spc. Robert Barhorst, an HHC Soldier.

Capt. Dale Woodhouse, HHC company commander said, "We have an obligation to be good neighbors and this is just one way that our



Soldiers from the 1st Heavy Brigade Combat Team play a balloon toss game with the children from the My Home Orphanage. The brigade partners with the orphanage to help make a difference in the community.

company is trying to reach out to the local community.

"The Soldiers had a great time, they got a lot out of it, and when their tour in Korea is up, they can look back and say 'I did something good,' and they can carry that with them for the rest of their lives."

This is the second time this year

that HHC, 1HBCT has worked with My Home Orphanage. In September they went out and had lunch with the kids, and helped paint and refurbish some of the orphanage's classrooms.

The company is currently planning an upcoming Thanksgiving event in November and a Christmas event in December.

The unit coordinator for the Halloween Barbeque and upcoming events, 2nd Lt. Tae Rose said, "Being adopted from Korea, it really means a lot to me to have the opportunity to help these kids. Giving something of yourself and making a difference is what being a U.S. Soldier is all about."

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Feature

'Angels of Mercy' see

By Pfc. Amanda Merfeld
Staff Writer

WARRIOR BASE – As the rain poured down, four Soldiers trudged through the mud, desperately clenching to the litter in their hands. This afternoon and the days ahead would prove to be a true test of courage and determination.

The candidates each shared the will to be among the best in the field.

Throughout the five days of testing, they were wet and cold, but that didn't seem to deter them from wanting the highly coveted Expert Field Medical Badge, worn by only the best.

Exactly 167 Soldiers volunteered for this challenge, but only seven would pass the rigorous test.

The Expert Field Medical Badge is designed as a special award for recognition of exceptional competence and outstanding performance by field medical personnel.

"Infantry has their own badge, and this is our own," said Pfc. Brian Tomassi, 135th Field Surgical Team. "I am a medic, and this is a medic's badge."

EFMB Tasks

Hosted annually by U.S. government installations across the world, the tested events on the EFMB include a written test, evacuation of sick and wounded, EMT, common skills tasks, litter obstacle course, land navigation and a 12-mile foot march. The requirements for each task are uniform for all testing sites.

To pass each of the seven lanes, the candidates were required to pass a predetermined minimal portion of each lane. All of the Soldiers were given the opportunity to test out the five lanes on a trial run during standardization week.

"Standardization week helped a lot because it gave us familiarization of the lanes and showed me exactly what I needed to know," said Sgt. Veronica Charantain, from 121st General Hospital.

Before the candidates began each lane, they were given a scenario prior to the start. The casualties, role-played by support cadre, had to meet a weight requirement of 130-180 pounds.

"Everyone has their own interpretation of the way it should be, but the EFMB is standard, and gets everyone on the same page," said Spc. Nathan Lehman, 121st General Hospital.

The Soldiers were required to

pass six of eight tasks given in the evacuation lane.

Some of the tasks were transporting casualties using the fireman's carry, loading a ground ambulance, a LMTV, a one-quarter ton ambulance and a UH-60 Blackhawk helicopter.

The candidates were also required to establish a helicopter landing zone, prepare to transport a casualty with suspected spinal injury and transport a casualty using the cradle drop drag.

Common Skills

During the common skills testing, the candidates were required to pass nine out of 12 tasks, including protecting themselves from injury by chemical and biological contamination using their protective masks and MOPP gear.

The candidates were then required to decontaminate themselves using chemical decontamination kits.

The other part of the common skills testing required the Soldiers to camouflage themselves and their equipment, correct a malfunction on an M-16, and then disassemble and reassemble the M-16 and perform a functions check and move under direct fire.

During the communications portion of EFMB, the candidates had to pass three of four tasks. They were required to assemble and operate a radio. They also had to prepare and transmit a MEDEVAC request and submit a NBC report, which proved to be the most difficult task for the candidates.

In the litter obstacle course, the Soldiers had to pass six of eight tasks. They were required to go over a low wall, a high wall, through a trench and narrow terrain, through barbed wire and perform an uphill and downhill carry.

Land navigation was broken up between night and day navigation. During the day, the Soldiers were required to locate three out of four points within three hours and at night three out of four points within four hours.

"The land navigation terrain was a tough course, and the civilian population proved to be an obstacle," Tomassi said.

Last Test

For the finale, the candidates had to complete a 12-mile foot march in three hours.

"I'm a little nervous about some of the lanes, but the 20K I'm not worried about. I foot march on



A team of Soldiers and one EFMB candidate lift up a casualty onto a LMTV during an evacuation exercise as p

my own for fun," said Spc. Maria Slaughter, 121st General Hospital.

If the Soldiers failed to meet the standard, they were given a "no-go" and the option to rebut the decision before a rebuttal board consisting of a qualified EFMB committee.

Origins

The Expert Field Medical Badge was established in June 1986 as a DA special skill award for the recognition of exceptional competence and outstanding performance by field medical personnel. Made of oxidized silver, the badge consists of a litter, placed horizontally, behind a caduceus with the cross of the Geneva Convention at the junction of the wings.

Last year, about 980 eligible candidates worldwide sought to earn the EFMB, but only about 180 passed the course, or 18 percent.

The average success rate for every test given in every location

EFMB Awardees

- * Maj. Jennifer Kishimori – 129th Medical Det. (VS)
- * Capt. Matthew Crunutte – HHC, 2-2 Aviation
- * Capt. Patrick Grimm – 106th Medical Det. (VS)
- * Sgt. Marcus Doe – UNCSB, JSA
- * Sgt. Remi Harrington – C Co., 302nd BSB
- * Sgt. Nathan Henry – HHC, 2-9 INF (CAB)
- * Spc. Ryan Tompkins – 121st General Hospital

since 1985 is 21.6 percent, but the average success rate for testing in South Korea is lower than that.

"When you are not in the field, you don't always get the opportunity to get this type of training," said Sgt. Jeffrey Story, A Battery, 6th Battalion, 37th Field Artillery.

"This is the second time that I have tried to get the badge, and the knowledge that I have gained is to the point," Charantain said. "It has opened my eyes to what medics really know, because I'm not a medic, just in the medical field," she said.

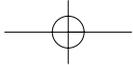
Hard Work

"The EFMB badge is for the very motivated and dedicated. It shows a true test of will. Everyone is intelligent enough, it's just whether or not you are motivated," said Capt. Patrick Grimm, 106th Medical Detachment Veterinary Service.

At the end of the day, the candidates marched back exhausted, muddy and ready for more.

"It's hard work," Tomassi said. "So, train up and when you get out here, take it seriously."

An EFMB



Feature

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ek coveted EFMB



Yu, Hu Sun

part of the testing phase.



Yu, Hu Sun

An EFMB candidate crawls under one of the many obstacles used during testing.

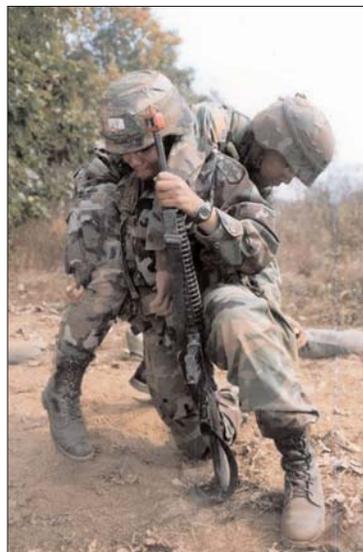
"Infantry has their own badge, and this is our own. I am a medic, and this is a medic's badge."

*Pfc. Brian Tomassi
135th Field Surgical Team*



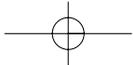
Pvt. Amanda Merfeld

A candidate pulls guard in a trench during the litter obstacle course.



Yu, Hu Sun

An EFMB candidate lifts a casualty on his shoulders to demonstrate the one-man carry.



Renegades qualify new crew chiefs

By Pfc. Yoo, Je Hoon
Staff Writer

RODRIGUEZ RANGE – Soldiers from B Company, 2nd Battalion, 2nd Aviation Regiment conducted their annual door gunnery exercise Oct. 24.

For this exercise, helicopter crew chiefs in training and company flight instructors of the company needed to qualify on their M60D machine guns. The machine gun is equipped on the Black Hawk helicopter and is the main weapon source of firepower on the helicopter.

The crew chiefs primary job with the machine-gun is to provide suppressive fire during combat.

“The crew chiefs provide protection when delivering air assault troops or unloading supplies,” said Spc. Blair Foreman, who is training to be a crew chief. “Qualifying on the M60D is one of the requirements to become a crew chief.”

During the exercise Soldiers practiced firing with a protective mask on and off.

“In nuclear, biological and chemical conditions the pro-mask must be put on,” Foreman said. “Therefore it is important to practice firing the machine gun with the mask on.”

The main role of the flight instructors is to train the crew chiefs in all tasks.

“As flight instructors, we taught the new crew chiefs air gunnery and how to fire the machine gun at different targets,” said Cpl. Adam Pasquarella, flight instructor.

During the exercise, three different types of targets were used: moving targets simulated trucks or other vehicles, stationary targets which simulated tanks and pop-up targets that represented infantry Soldiers.

The Black Hawk helicopters flew down range on a



A Black Hawk crew chief prepares to fire his M60D machine gun out of the helicopter.

Yu, Hu So

pre-set route to make sure the crew chiefs and flight instructors were at a good angle to fire on the target. The three different modes of

fire used were hovering, decelerating and ground fire.

When rating his performance for the day, Foreman

said, “Above average. I still have a few things to work on, but for the most part I’m very pleased with what I did.”

DART team completes Operation War Eagle Rodeo

By Capt. Joe Minor
2nd Combat Aviation Brigade

NIGHTMARE RANGE – Soldiers from the 2nd Combat Aviation Brigade recently completed realistic training in downed aircrew recovery, otherwise known as Operation War Eagle Rodeo.

On Sept. 26 a zone reconnaissance and screen mission employed nine AH-64 Apache Longbows from 1st Battalion, 2nd Aviation Regiment and one UH-60 Blackhawk from 2nd Bn., 2nd Aviation and 2nd Bn., 52nd Aviation Regt.

During the mission, an Apache was shot down as a result of a Tactical Engagement Simulation System kill from the OPFOR and was ordered to land in a field along a river approximately 25 miles south of Wonju.

When the word of the shoot down reached the Gunfighter TOC, the battalion immediately launched a Downed Aircrew Recovery Team that was standing by on another UH-60 Blackhawk.

“One of our Longbows was shot up badly and forced to land; we need to launch the DART immediately,” said Maj. Perry Orr, battalion executive officer.

The DART team, led by Sgt. Aaron Jordan consisted of nine Soldiers with different responsibilities including

maintenance technicians, armament and electronic repair technicians, a medic and a KATUSA Soldier to assist with any civilian contact or to translate for ROK forces who might assist in securing the area.

“Every person on the team has an individual job, if one Soldier can’t perform their mission, the team will fail,” Jordan said. “That’s why it is so important to have well trained and motivated team members.”

After receiving the order to launch, the Soldiers were airborne in the UH-60 Blackhawk within minutes.

Before landing at the location of the downed aircraft, the DART was informed of the situation by the downed aircrew. The information the downed aircrew provided was in a sealed envelope they were to open only after being “shot down.”

“The scenario stated that my aircraft had received heavy volume of small-arms fire and I had a Chips Main Transmission Light,” said Chief Warrant Officer Adam Taylor, AH-64D Longbow pilot. “It also said that my front seat pilot was shot in the shoulder and was bleeding through his flight vest. I relayed this information to the DART UH-60 and waited for assistance.”

When the report was given and the aircraft had landed on the scene, Jordan directed to the team to provide



An AH-64 Apache Longbow prepares to land during its mission.

Courtesy photo

security while the armament technicians ensured the aircraft was safe and the medic applied the necessary first aid to the injured crew member.

Once those tasks were complete the team’s technical inspector began analysis of the aircraft problem.

“As a technical inspector my job is to provide expertise and assistance to the mechanics while they are working,” said Sgt. Anthony Contreras, AH-64 technical inspector. “And additionally I am responsible for ensuring their work is done correctly and the aircraft will be safe to fly.”

Next, Contreras said several panels needed to be removed and a chip detector on the transmission examined. After close examination it was

determined the aircraft didn’t have significant damage and could fly back to the tactical assembly area.

The crew then replaced all panels and once the TI ensured all work was performed to standard, the aircrafts took off.

The Blackhawk flew alongside the Apache back to the TAA to ensure there were no further problems.

When asked about the opportunity to participate in the mission, Jordan said, “It’s a great chance for the maintenance Soldiers to get out of the assembly area and see the impact they can have on saving an aircraft from destruction or enemy capture.”

Game encourages trash talk, tough competition

Story and photos by
Spc. Chris Stephens
Editor

CAMP CASEY – Ultimate Frisbee, not football, is Sunday's game of choice for many Soldiers within the 1st Heavy Brigade Combat Team.

The game, originally designed as a weekly team building activity between the captains and lieutenants of the brigade, has come into the mainstream of weekend brigade activities.

"We're out here to have a good time and to get a good workout," said Capt. Jason Buursma, 1st Brigade Troops Battalion and organizer of the weekly event. "It's a place where we can relieve stress and have a good time with our fellow Soldiers in the brigade."

The game itself is intense from start to end. Both teams make jokes about their opponents throughout the game.

While waiting for the throw off for the start of the second half, one player remarked to Capt. Michael Bordes, "Come on sir, throw the Frisbee. You don't have to write an OPORD to do so."

"I write the OPORDs for the brigade and they all like to give me a hard time about it," Bordes said. "They tend to dislike me when it comes time for us to go to the field."

During play, players also question how long someone held the Frisbee or how many steps they took after they caught it.

"Would you like to go back ten yards before you throw it?" one player remarked after his opponent caught the Frisbee and forward progress gave him a few extra yards.

In addition to the exciting times of Sunday's play, there is extra incentive to the whole competition. Each Monday morning an email is sent out to brigade leaders, staff and anyone who competes with a highlight of Sunday's game. The highlight includes who scored, who didn't and who didn't back up their trash talk.

"Once the email is sent out, the trash talking begins for the next week's game," Bordes said. "The losing team usually will make excuses or promise victory the next time."

For the winners, the trash talking rights are sweet.

Although the competition began in June as only a game between the captains and lieutenants of the brigade, it has developed into a game for all Soldiers from any unit.

"It doesn't matter what your rank is or what unit you're from," Buursma said. "If you want to play, come on out. We'll find a place for you."



Capt. Jason Buursma, left, gets the frisbee by one of his opponents during first-half action. Buursma organizes the weekly competition.



2nd Lt. Shawn Butler, right, collides with 2nd Lt. Justin Garrity, center, as he tries to catch the frisbee. Collisions are commonplace during the Sunday games.



2nd Lt. Andrejs "Kookie" Kukainis throws the frisbee off to the other team after his team scored a touchdown during the first half of play.



2nd Lt. Shawn Butler, center, goes to the air for the frisbee during second-half action of the weekly competition, Nov. 6.

Give me the Rock!



Spc. Chris Stephens



Spc. Chris Stephens

TOP: Eighth U.S. Army NCO Academy's DeQuincy Francis, right, goes up hard for the lay-in.
LEFT: HHC, Area I's Kenneth Barley, center, shoots the ball over his defenders.

Can Spurs repeat as champions?

By Spc. Chris Stephens
Editor

With the onset of the 2005-06 NBA season, a lot of basketball fans are asking if anyone can beat the San Antonio Spurs.

And that's a good question in my mind. With offseason additions Michael Finley and Nick Van Exel, the Spurs are without a doubt one of the deepest teams in the league.

So, who will challenge the Spurs this year for the title?

Starting in the East you have to favor the Miami Heat with Shaquille O'Neal and Dwayne Wade. Although they were only one game away from the NBA Finals last year, the Heat completely made over their lineup which now features Antoine Walker, James Posey and Jason Williams.

What concerns me here is chemistry problems. Can a team of players who are used to getting the ball, coexist with each other? They probably can, but it will take until at least midway through the season to tell.

Another team that's a favorite is the Detroit Pistons. The only major change to this year's team is new coach Flip Saunders who replaces Larry Brown.

The defense will remain in Detroit, but one new thing they have this year is a high-powered offense.

If they begin to score in bunches consistently, look for them to hold the edge on the rest of the conference.

The Indiana Pacers are another team in the East to look out for. Gone is "Mr. Clutch" Reggie Miller. But, with the return of Ron Artest and Jermaine O'Neal looking better than ever, the Pacers will give the Heat and Pistons a run for their money in the playoffs.

My surprise in the Eastern Conference is the Charlotte Bobcats. With Emeka Okafor and Gerald Wallace leading the way, the Bobcats will make the playoffs this year.

In the Western Conference it's a little tougher to tell who can compete with the Spurs. The team that has the best chance is the Dallas Mavericks.

The Mavericks have a high-powered offense including Dirk Nowitzki, Josh Howard and Jason Terry. If they can keep the ball moving and keep their opponents under 100 points, the



Mavericks will have a lot of success this season.

The Phoenix Suns are a team we won't know about until February or March. With Amare Stoudamire on the bench until then, the Suns will have to weather the storm.

If they can survive life without Amare for a few months, then look for them to make a serious run once he gets back. His inside presence will help the Suns late in the season. Plus, it doesn't hurt to have last year's league MVP Steve Nash running the point.

The biggest surprise this year in the West is going to be the Golden State Warriors. They will finally get over their playoff drought and make it in as a six or seven seed.

With that said, it's all about the Spurs this year. With Tim Duncan, Tony Parker and Manu Ginobili leading the team, the Spurs are set for many years to come.

Plus, added veteran leadership from Finley and Van Exel will help the team during tough stretches.

The San Antonio Spurs will win the West and will meet in the Heat in the NBA Finals.

But, for you Miami fans out there, you'll have to wait another year, because the Spurs will repeat.

Movies

Camp Red Cloud

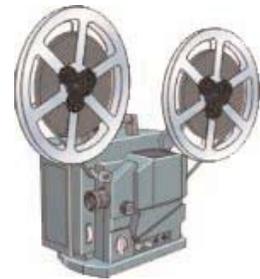
Show times: Fri.-Sat. 7 & 9 p.m., Su. 6 & 8 p.m., Mon.-Tue. & Thur. Nov. 11 ... *Dreamer: Inspired by a True Story*
Nov. 12-13 ... *The Transporter 2*
Nov. 14 ... *The Cave*
Nov. 15 ... *The Man*
Nov. 17-18 ... *The Weather Man*
Nov. 19-20 ... *Cry Wolf*
Nov. 21 ... *The Man*
Nov. 22 ... *Just Like Heaven*
Nov. 24 ... *Chicken Little*

Camp Casey

Show times: Fri.-Sat. 6:30 & 8:30 p.m., Sun. 3, 6:30 & 8:30 p.m., Mon.-Thur. 7:30 p.m.
Nov. 11-12 ... *The Transporter 2*
Nov. 13-14 ... *Dreamer: Inspired by a True Story*
Nov. 15 ... *The Man*
Nov. 16-17 ... *Roll Bounce*
Nov. 18-19 ... *Cry Wolf*
Nov. 20-21 ... *The Weather Man*
Nov. 22-23 ... *Just Like Heaven*
Nov. 24 ... *Flightplan*

Camp Hovey

Show times: Mon.-Fri. 7 p.m., Sat.-Sun. 3 & 7 p.m.
Nov. 11 ... *The Man*
Nov. 12 ... *The Great Raid*
Dreamer: Inspired by a True Story
Nov. 13 ... *Supercross*
The Man
Nov. 14 ... *The Transporter 2*
Nov. 15 ... *Dreamer: Inspired by a True Story*
Nov. 16 ... *The Transporter 2*
Nov. 17-18 ... *Just Like Heaven*
Nov. 19 ... *Four Brothers*
The Weather Man
Nov. 20 ... *Undiscovered*
Nov. 20-21 ... *Cry Wolf*
Nov. 22 ... *The Weather Man*
Nov. 23-24 ... *Roll Bounce*



Check out the November issue of *In the Zone* Magazine to see what the USO or your local CAC is doing.